



- ENERGY requires a commitment of 8 weeks. Classes are held once a week, in the afternoon.
- ENERGY requires BOTH the child and caretaker/guardian to attend each class. Classes are taught in English and Spanish.
- Classes are available for children 2-17 years of age. The patient will be scheduled for the next available class.

*** Required Information (please write clearly):**

* Patient's Name: _____	* Age: _____	* DOB: _____	* Gender: _____
Address: _____		* Allergies: _____	
City, State, Zip: _____		Medical Record #: _____	
* Parent or Caretaker's Name: _____		Parent Signature: _____	
* Telephone: _____		Cell Phone: _____	
* Preferred Spoken Language (circle): English Spanish Other: _____			
* Patient's School: _____		School Track: A B C Traditional	

*Does this patient have health insurance? No Yes, please indicate type/health plan/IPA/ID #: _____

If patient has insurance, please attach a copy of the patient's insurance card and if required an insurance authorization.

*Does this patient have any medical or other restrictions which prevent him or her from fully participating in a 2-hr class that includes physical activity? No Yes, explain: _____

***About the Patient:**

*Weight: _____
 *Height: _____
 *BMI: _____
 BP: _____
 Comments: _____

*Provider's Name: _____
 *Provider's Signature: _____
 *Date: _____
 *Provider/Stamp
 Address, Phone, Fax: _____

***Diagnosis (check all that apply):**

- Obese (BMI \geq 95th Percentile)
- Overweight (BMI = 85th – 94th Percentile)
- Acanthosis Nigricans
- Asthma
- DM Type 1
- DM Type 2
- Dysmetabolic Syndrome
- Elevated Blood Pressure
- Gynecomastia
- Hypercholesterolemia
- Hyperinsulinemia
- Hypertriglyceridemia
- Sleep Apnea
- Fam Hx DM, CVD, HTN
- Other: _____

*****Please include a copy of patient's growth chart and recent well child exam (if applicable)*****

You may send the referral via email: energy@queenscare.org or

FAX COMPLETED REFERRAL TO: (213) 380-9059

QueensCare Health Centers
 e.n.e.r.g.y.sm - Pediatric Weight Management Program
 150 N. Reno Street, Rm 66-019, Los Angeles, California 90026
 For more information call (213) 380-7361 or visit www.QueensCareHealthCenters.org