

Eye-Opening Facts for Families

 One in four children has a vision problem, which can have significant impacts on their education and ability to learn.* Is your child one of them?

Warning Signs



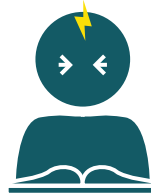
Closes or covers one eye



Squints



Blinks more than usual



Has headaches



Rubs his eyes frequently

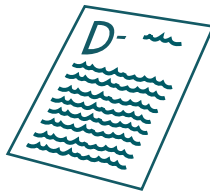


Holds books or other objects too close

Effects of poor vision



Difficulty paying attention



Bad grades



Misbehavior



Difficulty playing sports

What you can do

Schedule a vision exam for your child if you suspect a problem.

Make sure that your child wears sunglasses to protect his or her eyes from the UVA and UVB rays of the sun.

Make sure your child wears protective eyewear when playing sports.

Ask about school vision screening results!

Resources

There are many locations in your community for your child to get a comprehensive vision exam. Walmart Vision Centers, located inside many Walmart locations, offer kids frame and lens packages. Visit your local Walmart Vision Center for more information about eye exams and current offers.

Most eyewear for kids is at least partially covered by insurance. Medicaid also covers eye exams, eyeglass frames, and lenses for children under 21. Learn more at allaboutvision.com.

To learn more about vision and the effects it has on kids in America, visit EVFUSA.org.

*Source: American Public Health Association and Vision and Learning, American Foundation for Vision Awareness. June 1, 2002